



# WHAT'S IN YOUR WATER? BIKING

Name \_\_\_\_\_

**#1) Circle the best answer. Complete this section BEFORE watching the video.**

Costs less than \$.01/gallon	tap water	bottled water
Is tested and monitored for safety	tap water	bottled water
Disposable bottles	tap water	bottled water
Reusable bottles	tap water	bottled water
Many containers to recycle	tap water	bottled water
Containers can cause water pollution	tap water	bottled water

Which is a better choice, tap water or bottled water? Why? \_\_\_\_\_

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**#2) Circle the best answer. Complete this section AFTER watching the video and discuss the concepts on the next page.**

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Which is a better choice, tap water or bottled water? Why? \_\_\_\_\_

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Which is a better choice—tap water or bottled water? Many people think that bottled water is safer to drink because of clever advertising. Actually, tap water that comes out of our sinks and drinking fountains is regulated and monitored by the Environmental Protection Agency to make sure that it meets safety and quality standards, so it is just as safe as, or even safer than, bottled water.

While it is convenient to drink bottled water, the lowest cost is about \$1.50/gallon, and it can cost over \$5.00/gallon, especially if you buy it one bottle at a time from a convenience store or vending machine. Fill your reusable water bottle at the sink and it costs less than \$.01/gallon!

Drinking just 2 bottles of water per day means you'll have 14 bottles to get rid of at the end of the week. For a family of four, that's 56 bottles a week and over 200 bottles a month. That's a lot of plastic waste, much of which ends up in the garbage instead of being recycled.

Another problem with disposable water bottles is that chemicals from the plastic can leach into (get into) water, making the water unsafe to drink. This happens especially when the plastic is heated, like when it is left in a hot vehicle or laying in the sun. Choose a reusable water bottle made of stainless steel, aluminum, or bisphenol A (BPA)-free plastic to keep yourself healthy and hydrated!

**Draw a picture of you and your family or friends outdoors (park, hiking, baseball game) enjoying water from your reusable bottle.**

